

Nebraska's Clean Indoor Air Act prohibits smoking inside child care facilities and in-home child care centers. The Caring for our Children National Health and Safety Performance Standards Guidelines recommend implementing a comprehensive tobacco-free/nicotine-free policy stronger than state law to coincide with the gold standard. Tobacco Free Nebraska standards also support this update. The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease.

**Ensure the health and safety of children by implementing a comprehensive tobacco-free/nicotine-free policy!**

## FREE Resources

Provided by the American Lung Association

- Written Policy Assistance
- Signage
- Tobacco-free Child Care Registry Listing
- Access to tobacco cessation resources
- Internal and external education and marketing campaign
- Internal and external marketing campaign
- Access to Tobacco-free Policy in Childcare Centers presentation at <https://youtu.be/UEMDFT0pRqY>



## Benefits of a Comprehensive Tobacco-free/Nicotine-free Policy

- Appeals to parents and caregivers
- Creates a healthy and safe environment
- Positive youth role modeling
- Reduces exposure to cancer-causing secondhand and thirdhand smoke



## Checklist for a Tobacco/Nicotine Free Policy

- ✓ Prohibits all tobacco products
  - Cigarettes
  - Cigars
  - Chewing tobacco
  - Electronic smoking devices (Vaping)
  - Other nicotine products
- ✓ Applies at all times
- ✓ Extends to the entire property
- ✓ Extends to staff, visitors and personal vehicles
- ✓ Extends to company vehicles
- ✓ Addresses enforcement